

Work with your care team to keep track of your medications

Taking your medications as prescribed can keep you as healthy as possible and may help you avoid hospitalizations. Having an up-to-date list of your current medications is an important step.



Organize your current medications

Bring your medications in their original bottles to your next dialysis appointment. Remember to bring medications from all of your doctors—even the ones you might not take every day—including:

- /// Prescription medications, ointments, and creams
- /// Over-the-counter medications
- /// Vitamins and herbal supplements
- /// Inhalers
- /// A list of refrigerated medications
- /// A list of medications considered controlled substances
(Please do not bring these into the center.)



We are here to help

Your nurse will work with you to create a complete medication list. Be sure to keep your list up to date and share it with all your doctors.

Let your care team know immediately about any medication changes

- /// If you start a new medication
- /// If you stop taking a current medication for any reason
- /// If you have any changes to the dose or instructions for a medication

Get the medication support you need to thrive

The pharmacy care team is specially trained to help you manage your kidney medications. Talk to your nurse about kidney-friendly pharmacy care. Learn more about medications at [FreseniusKidneyCare.com/Medications](https://www.freseniuskidneycare.com/medications).



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