

Preparing for peritoneal dialysis training with acute kidney injury

After an acute kidney injury (AKI) diagnosis, the primary goal of your care team is to treat the condition that caused your AKI. Some people diagnosed with AKI will need temporary dialysis until normal kidney function returns. If your doctor prescribes peritoneal dialysis (PD), you will dialyze in a center while training to do treatment at home.

What to expect from training

- You'll learn how to perform dialysis at home.
- Your training will last five to eight days, broken up into sections, so you can go at your own pace.

What to expect during training

- Learn to complete treatment safely with or without a care partner.
- Bring your care partner to training, if you choose to have one.
- Learn PD treatments by manual exchange and/or cyclor.
- Order and receive your dialysis supplies at home.
- Resolve alarms and complications.
- Care for your PD catheter and prevent infection.
- Access 24/7 nursing care online or by phone—anytime you need it.
- Prepare your home for treatment with the help of your care team.
- Learn how to document your treatment and schedule your weekly visits in PatientHub.

What you should bring to your training

- Bring your medications, their bottles, and your glucometer with supplies (if it applies).
- Wear comfortable, loose clothes and bring a blanket in case you feel chilly.
- Pack a healthy lunch or snack to keep your energy up and a book or tablet for relaxation.

What to expect after training

- Your care team will monitor your ongoing treatments using the treatment information you submit via PatientHub.
- You will meet with your care team every week to draw labs and discuss your recovery process.